



### First Year (Fall)

IDST 150 or IDST 250-259	Intro to Cross-Cultural & Social Justice Studies or Intro to Interdisciplinary Studies
1xx	Elective in area(s) of concentration
ENGL 150	College Writing II (CWR)
CMA	Quantitative Reasoning
CSS	Self & Society

### Second Year (Fall)

IDST 150 or IDST 250-259	Intro to Cross Cultural & Social Justice Studies or Intro to IDST (e.g. IDST 250-259)
2xx	Elective in area(s) of concentration
CSTL	Science & Tech Lab (4)
CLA	Modern Language Course I
PHED	Phys Ed activity class (1)

### Third Year (Fall)

IDST 320	Methods in Interdisciplinary Studies
3xx	Elective in area(s) of concentration
3xx	Elective in area(s) of concentration
CSS	Self & Society
CST	Science & Tech (non-lab)

### Fourth Year (Fall)

IDST 401	Senior Seminar
IDST 350-359 OR IDST 360-369	World History in Contexts OR Topics in Culture & Society
3xx	Elective in area(s) of concentration
Elective*	Free Elective
Elective*	Free Elective

**\*Free Electives:** Students are encouraged to choose electives toward completing a minor or toward deepening their competencies and knowledge in their interdisciplinary areas of concentration.

*\*\*This is a sample 4-year plan to complete the major listed above. While we believe that this represents an accurate depiction of the requirements, there are other pathways to degree completion. We strongly recommend that you meet with your academic advisor(s) regularly to review your requirements and progress toward graduation.*

ALL courses are 3 credits unless noted (#)

### MCLA in 4: Sample Degree Completion Plan\* INTERDISCIPLINARY STUDIES

#### First Year (Spring)

IDST 280	Introduction to the IDST Major & Degree Plan
CHH	Human Heritage
CCA	Creative Arts
1xx	Elective in area(s) of concentration
Elective*	Free Elective
PHED 1xx	Phys Ed Activity class (1)

#### Second Year (Spring)

2xx	Elective in area(s) of concentration
CCA	Creative Arts
CHH	Human Heritage
CLA	Modern Language course II
Elective*	Free Elective

#### Third Year (Spring)

IDST 350-359 OR IDST 360-369	World History in Contexts OR Topics in Culture & Society
3xx	Elective in area(s) of concentration
3xx	Elective in area(s) of concentration
CCAP	Tier II Core Capstone
Elective*	Free Elective

#### Fourth Year (Spring)

IDST 401	Senior Seminar (if not taken during 4 <sup>th</sup> year fall)
3xx	Elective in area(s) of concentration
Elective*	Free Elective
Elective*	Free Elective
Elective*	Free Elective

CORE CURRICULUM	code
Tier I Reading, Thinking, Writing	CWR
Tier I Quantitative Reasoning	CMA
Tier I Computing & Technology	CCL
Tier I Language Arts	CLA
Tier II Creative Arts	CCA
Tier II Human Heritage	CHH
Tier II Self & Society	CSS
Tier II Science & Technology	CSTL, CST
Tier III Core Capstone	CAP
Tier III Core Capstone	CAP



## MCLA CO-CURRICULAR AND CAREER PLANNING

### First Year (Fall) AWARENESS

Visit CSSE, meet the staff, attend a workshop
Meet with your academic advisor
Attend the President's Ice Cream Social, explore opportunities to join clubs and organizations
Start your ePortfolio (biography, goals)
Attend a campus-wide lecture or discussion

### Second Year (Fall) EXPLORATION

Update your resume - summer experiences
Explore several career paths in your major
Get involved with at least one club, activity, affinity group on campus
Volunteer in the community
Show your MCLA spirit, attend an event
Cultivate a relationship with a faculty mentor

### Third Year (Fall) PLANNING

Grad school? Career? Do some research!
Start building your network
Gain experience in a potential career field
Use ePortfolio to showcase your MCLA experiences
Volunteer to assist with a campus event

### Fourth Year (Fall) TRANSITION

Update your resume, compile professional references
Polish your professional image – social media, communication strategies, etc.
Mentor new MCLA students
Triple check your degree requirements
Attend a graduate school fair, take graduate school entrance exams in October
Complete an internship

### First Year (Spring) ENGAGEMENT

Create a resume, upload it to your ePortfolio
Attend the Undergraduate Research Conference
Get involved with one club or organization
Participate in a community service event
Attend a CSSE sponsored workshop to enhance your skills, explore summer jobs, etc.

### Second Year (Spring) REFINEMENT

Start your internship search
Plan ahead for travel course, study abroad, study away opportunities
Take on a leadership position at MCLA
Advance your interviewing skills
Help out with a service learning project
Expand your ePortfolio

### Third Year (Spring) EXPERIENCE

Share your post-graduate ideas with your advisor
Make plans for an internship in your major
Attend a networking event or career fair
Go away! Travel course, off-campus internship, study away or abroad
Present at Undergraduate Research Conference

### Fourth Year (Spring) GRADUATION

Apply for graduation, finish your ePortfolio
Write winning cover letters, search and apply for jobs
Participate in mock interviews
Attend on- and off-campus career fairs
Send thank you notes to inspirational faculty and staff
Walk across the stage and smile – you're a college graduate!