

Title	Description	Date	Day of Week	Time	City/ Town
<b>PD Day held in Pittsfield</b>					
Preschool Learning Guidelines	Research on Brain development supports the value of high quality early childhood education programs for young children. This training will guide you in planning mindful, intentional curriculum for preschool age children using the Department of Early Education and Care Preschool Early Learning Guidelines and how to incorporate those standards into daily practice. QRIS Alignment: Curriculum and Learning	9/25/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
Teaching Self-Regulation to Young Children	Self-regulation is a complex set of skills that exert influence over internal sensations and states. These skills are necessary for consistent performance, behavior and school readiness. Without them, a child may experience a life of chaos characterized by explosiveness, violence, anxiety, substance abuse, impulsivity, hyperactivity, distractibility or mood disorders. This skill development begins at the point of conception and continues into the late twenties. This session examines self-regulatory functions through a developmental lens and offers proven strategies to develop and strengthen them. QRIS Alignment: Curriculum and Learning	9/25/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
Improving the Quality Of Health Care Practices in Early Childhood Settings: Preventing the Spread Of Infections	In order to maintain healthy and safe learning environments for young children, staff in all early education and care settings need to adhere to recommended practices for infection control, including managing infectious diseases, caring for mildly ill children, personal hygiene, and diapering and toileting (APA, 2012). Topics include an overview of how infection is spread, measures to take to reduce the spread of infection, and how to plan to adapt program practices and policies to meet the recommendations for preventing the spread of infection. New information on sanitizing and disinfecting solutions and resources for planning for infection control will be shared. This course will help early childhood programs increase their performance on the Environmental Rating Scales and will prepare them for the health specialist visit at Level 3 QRIS. QRIS Alignment: Safe, Healthy, Indoor and Outdoor Environments	9/25/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
Supporting Positive Mental Health of Infants and Toddlers	This training will familiarize educators with the foundation of infant and toddler mental health including healthy social / emotional development of a child from birth to 3 years, working with infants / toddlers and parents, and providing participants with available community resources. QRIS Alignment: Curriculum and Learning	9/25/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
Embracing Diversity in Your Early Childhood Program	This training will explore many aspects of looking at the classroom and program with a multi-cultural lens to include all children, families, and the community by embracing diversity. Gain an understanding of the Environmental Rating Scale requirements for diversity, as well as related NAEYC criteria. QRIS Alignment: Curriculum and Learning	9/25/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
<b>PD Day held in Pittsfield</b>					
When Kids Seem Different: Learn the Signs	In the first few years, a child's brain is rapidly developing new connections that enable the skills called developmental milestones. Mastery of each new milestone -- be it emotional, physical, or cognitive -- leads to the next one. If a particular skill doesn't develop properly, that makes the next one more difficult to master. (Dr. Gardner) This training will help you identify the developmental milestones and potential areas of concern for the children in your care in order to help preempt the negative outcomes that could result. Learn about the importance of Screening young children and what to expect from the Early Intervention and Special Education systems. All areas of development will be discussed, including social emotional, cognitive, physical skills, and Speech and language. QRIS Alignment: Curriculum and Learning	10/23/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College

To the Moon and Back: Creating Math and Science Curriculum Based on Children's Picture Books	Participants will learn how to use Math, Science, and English Language Arts (ELA) standards to inform their work with children. They will explore the concept of using picture books to develop math and science curriculum that meets the MA Math, Science, and ELA standards while promoting language skills and higher order thinking. Find diverse ways to use picture books for all kinds of learning while increasing literacy. QRIS Alignment: Curriculum and Learning	10/23/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
The Importance of Sensory and Motor Development of Children and Youth	Children are multi-sensory beings. They mainly sense things (sensory input) and then move their bodies (motor output) in relation to those sensations. Those sensory and motor brain connections are necessary building blocks for all aspects of children's development and learning, including mood and social development. Some children's brains are not efficiently processing the sensory messages they get from their bodies and their environments; they have difficulty responding in an adaptive way to everyday sensations. Participants' who attend this training will engage in fun & functional activities to get children "in sync" through SAFE activities, specifically designed to engage various sensory systems (Sensory-motor, Appropriate, Fun and Easy). The more sensory-motor experiences young children have, the more easily they learn to function in daily life! QRIS Alignment: Curriculum and Learning	10/23/2015	Friday	9:00 am - 3:00 pm	Berkshire Community College
<b>PD Day held in North Adams</b>					
HSLI Nature Curriculum Training for Out of School Time Educators	This training is STEM curriculum and Literacy focused with attention to differentiating learning to meet the needs of students. Participants will engage in activities and experiences associated with the curriculum. They will also begin the planning process for implementing the curriculum at their program site. (Developed by the Hasbro Summer Learning Initiative.)	11/11/2015	Wednesday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
To the Moon and Back: Creating Math and Science Curriculum Based on Children's Picture Books	Participants will learn how to use Math, Science, and English Language Arts (ELA) standards to inform their work with children. They will explore the concept of using picture books to develop math and science curriculum that meets the MA Math, Science, and ELA standards while promoting language skills and higher order thinking. Find diverse ways to use picture books for all kinds of learning while increasing literacy. QRIS Alignment: Curriculum and Learning	11/11/2015	Wednesday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
Infant & Toddler Learning Guidelines	This training will help you gain knowledge to build relationships, provide developmentally appropriate experiences and offer intentional curriculum for infants and toddlers using the Department of Early Education and Care Early Learning Guidelines for Infants/Toddlers. You will gain an overall understanding of the Guidelines and utilize them to plan supportive activities that are child specific for children from birth to 3 years of age. QRIS Alignment: Curriculum and Learning	11/11/2015	Wednesday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
Nurturing the Development of Language and Literacy Skills through Children's Literature	Early literacy skills found to be most important for the later academic success include reading comprehension and extensive use of vocabulary. During this training, participants will explore and practice strategies using children's literature to promote literacy learning, design curriculum activities based upon a children's book, practice reading children's stories focusing on developing vocabulary and comprehension, and reflect on the characteristics of the children in their program. Each of these activities will assist educators in incorporating story reading and literacy based supplemental activities within the curriculum. As an added benefit, each participant will receive a children's book (that they have used during the training) to bring back to their program. QRIS Alignment: Curriculum and Learning	11/11/2015	Wednesday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts

Children on the Autism Spectrum	With 1 in 68 children in the US being diagnosed with Autism Spectrum Disorders (Centers for Disease Control, 2014) it is increasingly important for child care providers to learn more about supporting children with autism. This session will provide participants with detailed information including typical behaviors and interaction styles of a child with ASD and the challenges and stressors to the family with a child with ASD. Participants will examine examples of adaptations to communication, environment, and interactions to support the inclusion of a child with ASD and will receive a collection of resources for use in your early childhood program. QRIS Alignment: Curriculum and Learning	11/11/2015	Wednesday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
<b>PD Day held in North Adams</b>					
Educating the Heart; a Look into Social Emotional Development	"To educate the mind, without educating the heart is no education at all" according to Aristotle. And, future success in academics and in life is social-emotional competency. The critical time for its development is childhood, however it continues throughout adolescence. This training examines the facets of intrapersonal and interpersonal intelligences. It is filled with cutting edge insights and approaches that ensure the development of self-awareness, self-discipline, social cognition and social skills. QRIS Alignment: Curriculum and Learning	1/4/2016	Monday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
To the Moon and Back: Creating Math and Science Curriculum Based on Children's Picture Books	Participants will learn how to use Math, Science, and English Language Arts (ELA) standards to inform their work with children. They will explore the concept of using picture books to develop math and science curriculum that meets the MA Math, Science, and ELA standards while promoting language skills and higher order thinking. Find diverse ways to use picture books for all kinds of learning while increasing literacy. QRIS Alignment: Curriculum and Learning	1/4/2016	Monday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
Emergent Curriculum for Infants & Toddlers	Participants who attend this training will travel the pathway of development of infants and toddlers to learn how a child-centered curriculum naturally emerges. Through interactive discussions and small group hands on activities, we will review the philosophy behind how children's experiences and interests can be used to create a developmentally appropriate child centered curriculum for infants and toddlers. An opportunity to practice this will be included. This training provides an excellent foundation of emergent curriculum knowledge that will be beneficial for the infant/toddler educators. QRIS Alignment: Curriculum and Learning	1/4/2016	Monday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
Observation and Documentation for Assessment and Planning	Observing children in the daily life of their early childhood program or classroom is a powerful way of assessing them. This course aims to convey the power of observational assessment for gaining a rich understanding of children so that you can use that information to plan how to meet their learning needs. Participants will learn about ways to observe and document observations during a busy day. The course will include viewing video vignettes, small-group activities, and reflection to develop participants' observation and documentation skills. QRIS Alignment: Curriculum and Learning	1/4/2016	Monday	9:00 am - 3:00 pm	Massachusetts College of Liberal Arts
<b>PD Day held in Pittsfield</b>					
Conflict Resolution / Communication in Early Childhood Programs: Adult to Adult, Adult to Child, Child to Child"	This training will offer providers the opportunity to explore their own communication skill levels and help them develop strategies to identify what is happening in the moment when conflict arises. The goals for the training are that providers learn how to identify the difference between a feeling and a thought, develop conflict resolution skills to use with adults and children, and explore practical ways of supporting the child's need to express their feelings in appropriate ways as well as listen and acknowledge another child's feelings. QRIS Alignment: Curriculum and Learning	3/14/2016	Monday	9:00 am - 3:00 pm	Berkshire Community College

Playing it Safe in Out of School Programs	This training will explore multiple levels of health and safety in youth programs. While First Aid training prepares staff for how to respond to health and safety issues once an injury occurs, the Play it Safe model takes a proactive, holistic approach to creating a safe and healthy environment that involves all program stake holders. A variety of conceptual safety-lenses will be introduced to explore a range of health and safety issues that affect child safety, health and well-being including: age appropriateness of activity offerings, risk taking, skills parity and preparedness, teasing and bullying, and more. The training will involve a variety of fun and engaging hands-on activities and games that can be used with co-workers, as well as with youth participants, to promote health and safety in high active OST settings. Participants in the training sessions will have opportunities to share insights and best practices with one another, discuss and analyze 'Play it Safe' strategies and will receive handouts, tools and resources to take back to their programs. QRIS Alignment: Safe, Healthy, Indoor and Outdoor Environments	3/14/2016	Monday	9:00 am - 3:00 pm	Berkshire Community College
STEM Standards Simplified	Plagued by planets? Overwhelmed by Oobleck? Join me for an interactive workshop about the STEM standards. Activities and discussions will help participants gain practical knowledge about what the standards are and how to make them come alive in the classroom. QRIS Alignment: Curriculum and Learning	3/14/2016	Monday	9:00 am - 3:00 pm	Berkshire Community College
Supporting Communication, Language and Literacy in Young Children	This training will incorporate the stages of language development, strategies for supporting language and communication development, and the importance of language and communication as a foundation for literacy. Using the guidance and knowledge in Talk to Me Baby! by Betty Bardidge participants will learn the Key concepts of print and literacy and how to incorporate this knowledge into their daily work in order to put children on a path to school and life success. QRIS Alignment: Curriculum and Learning	3/14/2016	Monday	9:00 am - 3:00 pm	Berkshire Community College
<b>PD Day held in Pittsfield</b>					
Supervision and Leadership in Early Childhood Settings	Are you having trouble thinking of new ideas to keep educators motivated? Do you spend your days putting out fires? Do you have educators who do not get along? Please join us for a training about leadership and supervision in our centers/classrooms. In this training we will use self-reflection as a tool to find strategies to keep ourselves and our educators on the right track. We will share new ways to conduct regular supervision, staff meetings, staff orientations and conflict resolution. We will work to make a long-term goal for your center/classroom that you can begin implementing right away. Games and prizes too! QRIS Alignment: Leadership, Management and Administration.	6/24/2016	Friday	9:00 am - 3:00 pm	Berkshire Community College
Playing it Safe in Out of School Programs	This training will explore multiple levels of health and safety in youth programs. While First Aid training prepares staff for how to respond to health and safety issues once an injury occurs, the Play it Safe model takes a proactive, holistic approach to creating a safe and healthy environment that involves all program stake holders. A variety of conceptual safety-lenses will be introduced to explore a range of health and safety issues that affect child safety, health and well-being including: age appropriateness of activity offerings, risk taking, skills parity and preparedness, teasing and bullying, and more. The training will involve a variety of fun and engaging hands-on activities and games that can be used with co-workers, as well as with youth participants, to promote health and safety in high active OST settings. Participants in the training sessions will have opportunities to share insights and best practices with one another, discuss and analyze 'Play it Safe' strategies and will receive handouts, tools and resources to take back to their programs. QRIS Alignment: Safe, Healthy, Indoor and Outdoor Environments	6/24/2016	Friday	9:00 am - 3:00 pm	Berkshire Community College

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